

Epworth United Methodist Church Newsletter

3401 High Street, Denver, CO 80205 Phone 303-296-6287

Rev. King H. Harris – Senior Pastor

[On the web at:www.epworthumcdenver.org](http://www.epworthumcdenver.org)

Date: October 3, 2010

NO.048



Birthstone: Opal
Flower: Calendula

Epworth United Methodist Church Mission Statement

To be a support at the beginning – **Birth**.
To be a support during the good times and the hard times.

To be a support at the end – **Death**.
To be a place of and for faith to bloom.

EPWORTH... A place for life:

To go from this place to love and serve the Lord,
Through service to mankind.

Amen.

This is the year for Epworth to experience the miracle of God's power "No Wind and no Rain; Yet the Valley will be filled with Water

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Musing From the Pastor - (Leaving Jesus)

As we approach the fall of the year we think about the trips that we have taken this summer. I am hopeful that if you were able to take a trip you had fun and are now rested from your travel.

Luke 2:43-44

The above passage, from the life of Jesus as told by Luke, gave me pause to wonder; how often do we leave Jesus behind? I invite you to think on these things, in particular the vows that you take when you make the decision to join a United Methodist Church. If I may, let me remind you

what you agreed to: "As members of this congregation, will you faithfully participate in the ministries by your prayers, your presence, your gifts and your service?" Your response was and, I hope, still is: "I will".

As you see you vowed to uphold this church with your prayers. How are you doing on that front? We have sometimes a point in our lives that we find it hard to remember to pray. What I mean by that is some of us are so busy with the act of living that we forget to talk to Jesus. If you are not talking with Jesus, how active is your prayer life? Have you done as Jesus' mother and father did, leaving him behind? I know that was not your intent. You thought He was with you!

You have been going along and somehow things are not going well. You are disturbed in mind. When the trials come you cannot seem to overcome them. You feel that the flood waters are about to overtake you. You are in the fire and you cannot hear God's promise that you will not be burned.

The question is, have you left Jesus?

I am reminded of a story about a man and a woman that had been married for a while. Well, listen.

Woman – Dear I remember when we use to take rides in the car and it would be hard for people outside of the car to tell which of us was driving. We used to sit that close together.

Man – Yes that is true.

Woman – What happened?

Man – Well, let us examine the situation. I was driving.

Woman – Yes that's right.

Man – I am still driving.

Woman – Yes that is right.

Man – Who moved?

I do not think God moved. Jesus is still sitting where he always is. He did not change

from where he is. There is a logical conclusion that can be drawn from this story. Who moved?

You might ask, how do you know that pastor? Well, let us look at **Hebrews 13:8 Jesus Christ is the same yesterday and today and forever.**

You need to be clear that your ability to uphold your vows to the church is dependent upon having a relationship with your maker, Jesus the Christ. Your ability to make it through any circumstance is enhanced when you have a relationship with your maker, God the Father. If you want to know what to do and which way to turn, look to God the Holy Spirit. Listen to their words. Jesus your brother says in John 14:19 **19 Before long, the world will not see me anymore, but you will see me. Because I live, you also will live.**

God the Father said in **Isaiah 43:2 2 When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire,**

you will not be burned; the flames will not set you ablaze.

Hear the words of Jesus about the Holy Spirit in John 14:16-17
And I will ask the Father, and he will give you another Counselor to be with you forever—17 the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you.

I invite you to not leave Jesus behind, for when you do, you lose your connection to God and your power will be gone.

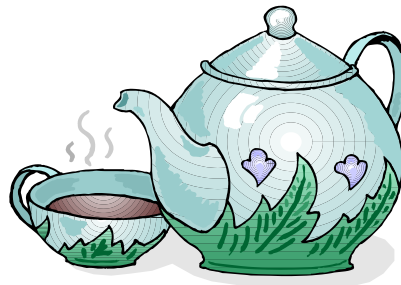
Rev. King H. Harris, Senior Pastor at Epworth UMC
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Spanish Speaking

Worship Services

Epworth UMC has scheduled its Spanish Speaking Worship service on Saturday evenings starting at 6 p.m. Make plans to come out and join Rev. King Harris, Pastor Jeff Kanost and our Spanish speaking members every Saturday.
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The Stiles African American Heritage Center

We are having a tea to benefit Opalanga Pugh's Family. Sunday, October 17, 2010 from 3 p.m. to 6 p.m. Admission is \$25.00 at the gate.

We invite you to step back in time don your "Hat" and "Gloves" have tea, listen to stories of African American Women whose lives are lessons of inspiration, survival, and dignity. Meet Madam C. J. Walker, Aunt Clara Brown, Minerva Jackson and I am sure the spirit of Opalanga will be there as well.

Come join us at the Stiles African American Heritage Center, 2607 Glenarm Place and help us celebrate our new addition; the covered court yard lifting up Opalanga Pugh at the same time.

Sponsored by Washonja Quilt Guild. The Stiles African American Heritage Center, Mrs. Ruth Sheppard and Wallace Yvonne Tollette.
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(Metropolitan District News) #1

Important Reminder

Charge Conference: All forms, including a Checklist, can be found at www.rmcumc.org. Look for the "Forms" button on the left then go to "Church or Charge Conference Forms". Please do not hesitate to contact Cassy DePlato, Metro District Admin, with any questions or concerns by calling 303-325-7047 or 303-733-3736 X147.
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(Metropolitan District News) #2

A Day to End Hunger - 10.10.10

On October 10th, 2010 Hunger Relief Day will be recognized around the nation and acknowledged locally at Metro CareRing headquarters with a Hunger Blues BBQ.

Metro CareRing invites you to join them for this special event from 12 noon until 2 p.m. on 10.10.10. The Hunger Blues BBQ will feature local blues legend, Erica Brown (and friends) in addition to great food and tons of non-perishable food donated to help eradicate hunger in Denver. The price for admission is 10 pounds of food and /or \$10.00.

Come on October 10, 2010 for Hunger Relief Day at Metro CareRing (1100 East 18th Avenue, at 18th & Downing). Be a part of the solution to Denver's hunger problem AND enjoy the company of other amazing hunger relief advocates!

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Around Town and Epworth.....

These are interesting times for Epworth. Seems the congregation is static--no offense to anyone--but no one has joined in months. Visitor numbers--though I don't keep an actual count--however, seem to be up. But no one is marching up to the front to say "I do." Just seem to be interesting times. Even attendance at Bible study is eroding. Do we need to "hit the pavement and compel others to come?" Projects also seem to be stalled--the Baptism Pool and the Columbarium, for example. Guess the economy is "beating up" on Epworth right now, though I don't know the actual amount of weekly receipts.

Maybe we need to pause and re-ask the questions: Who are we and who are we trying to reach and why? Or, have we over-reached with our gaggle of projects and programs? Or, as pointed out in the history, I think many people still see us as mostly a social service agency and not necessarily a church. Also, we do need a strong music department which we have never really had to my remembrance. Black folks like to "rock" and feel the spirit through

music. If you were to visit some larger Black churches where the music is "on," the pews are fuller.

On another note, just for your information, I and two other ladies, Jane Taylor and Gwendolyn Scott, have written a book entitled, "Blacks Through the 'Ayes' of our American Presidents--from George Washington to George Bush." It examines how Black people have fared under each presidential administration. It's a very interesting read and I'm proud to have been a part of it.

However, our priority right now, is to get Epworth back in the groove and on the move. Amen.

Wallace Yvonne Tollette
303 830-1691
Shel-Vonne TS Gifts & Souvenirs

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Who's Ushering In

October:

- October 3rd:
Sis. Myrtle Davis
Sis. Rudy Robinson.
- October 10th:
Sis. Sharon Davis
Sis. Kimberly Smith
- October 17th:
Brother Clarence Williams
Sis. Jessica Walters

- **October 24th:**
Sis. Myrtle Davis
Sis. Rudy Robinson
- **October 31st: (Youth Sunday)**
Sis. Sharon Davis
Sis. Kimberly Smith



August Acolyte Schedule

Note: Sis. Myrtle Davis will need your help with names and who is available to serve in this position.

- **October 3rd:**
Melissa Wilson & Kitana Aragon
- **October 10th:**
La'Renz Smith & La'Ronn Smith
- **October 17th:**
Melissa Wilson & Kitana Aragon
- **October 24th:**
La'Renz Smith & La'Ronn Smith
- **October 31st: (Youth Sunday)**
Melissa Wilson & Kitana Aragon

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Epworth's Anniversary & Birthdays for October 2010:

Congratulations to:

1. Hazel Harris – 10/4
2. Roseann Robinson – 10/12
3. Chris Davis – 10/19
4. Rafael Martinez – 10/24
5. Christine Davis – 10/27

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Epworth's Calendar

- **Morning Worship Services.** Rev. King Harris will be conducting Morning Worship services M – Sun. starting at 6 a.m. in the Sanctuary.
- **Adult, Youth & Children Sunday school classes.** All classes start at 9:45 a.m.
- **Epworth UMC Women's Ministry.** Introduction to the Bible

and Bible Study every Sunday morning at 9:30 a.m. For more information please call 303-296-6287.

- **Adult Bible Study.** Every Wednesday evening a meal is served starting at 5:45 p.m. in the Fellowship Hall. Bible study starts at 6:30 p.m. All activities end at 7:30 p.m. Rev. King Harris and Pastor Jeff Kanost heads this class.
- **Epworth's Adult Choir Rehearsal.** They rehearse every Friday evening from 6:30-8 p.m.
- **Epworth's Children's Choir / Youth Rehearsal and Fellowship.** They rehearse every Friday evening from 6:30 – 8 p.m.
- **Epworth's UMW United Methodist Women the Hispanic Circle meet every Saturday evening in the Fellowship Hall at 5:00 pm on the 2nd and 4th Saturday of the month.** For more information, please call Sis. Vicky Alvarado at 720-276- 9870
- **Epworth's UMYF.** (United Methodist Youth Fellowship) meet on Sundays at 4 p.m. For more information, please call Pastor Jeff Kanost at 720-364-8417.
- **The Fatherhood Initiative.** A group of men meet every Tuesday evening to discuss fatherhood and how to become better fathers. An

evening meal will be provided. Activities start at 6 p.m. and ends at 9 p.m. Please call Thom Foster at 303-296-6287 for more information.

- **The Motherhood Initiative.** A group of women meet every Tuesday evening to discuss motherhood and how to become better mothers. An evening meal will be provided. Activities start at 6 p.m. and ends at 9 p.m. Please call Thom Foster at 303-296-6287 for more information.

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“Pray For Those In Need / Ore Por Los Necesitados”

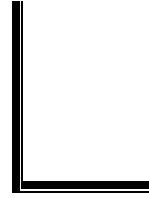
- **Churches:** Parkhill UMC, Valley Vista UMC, Scott UMC and Redemption Fellowship.
- **Health:** Pastor Manuel Jimenez, Joi Harker, Shirlene Sanders, Sandra Rodgers, Essie Collins, Ted White, Sherlyn Thomas, Rose Milon, Chris Davis, Lauren Watson, Jere’ Procopio, Sabina Johnson, Kenneth Wells,

Ronald Wells, Richard Shannon and Vera Castile.

- **Guidance:** James Goss, Lisa Harker, Rose Milon, Robert Martinez, The Epworth Praise Team.
- **Our Missionaries:** Jose Orlando and Yolanda Rivera Argentina (Missionaries).
- **Protection:** For our Armed Forces serving here and in distant lands.

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The Poet’s Corner



An Irish Blessing

May you always have work for your hands to do
May your pockets hold always a coin or two
May the sun shine bright on your windowpane
May the rainbow be certain to follow each rain
May the hand of a friend always be near you
And may God fill your heart with gladness to cheer you

Author - Unknown

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This I Pray

Let me be more loving Lord, To those that I find...

Who stand in need of love and have need of mine.

Let me touch lives Lord, as I pass this way...
Give me caring words that you would have me say.

Let me be more humble Lord, take away all foolish pride; use me in your service be my daily guide.

Let me be forgiving Lord, when it’s asked of me...
Just as I’m forgiven when I ask it of Thee.

Let me be more giving Lord, of all that I possess...
For it all comes from You Via your Heavenly Express.

Let me overlook Lord, The likes of bigotry...
And jog my mind to remember to always look to Thee.

And when I cross over Lord, over on the other shore...
Where Love shall reign forever, and sin will reign no more.

Let me enter in Lord, on that final judgment day.
May I live with you forever – This is the humble prayer I pray.

By Ranza Devereaux

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Love’s Touch

God is love, and He loves us for love was God

designed...
It's far beyond what mortal
man can easily define.

We're instructed to love one
another and in all our ways
be kind...
Love resides in the beating
hearts of everyone you find.

It thrives in the human heart
in depths our actions
show...
And while we love our
fellowman its necessary to
tell them so.

It's in our caring and
sharing and walking hand in
hand...
Trusting the Lord to guide
us in adopting his passionate
stand.

It's seeing in the eyes of
others the love that shines
through for its love
transformed into action that
makes us know it's really
true.

Love can only be measured
by our kindness and caring
deeds...
It's what we do for others
that fulfills their urgent
needs.

It' in loving and being loved
that we are made to find...
The true joy in daily living
by being loving and kind.

True love cannot be torn
apart when it has been
solidly grown...
A love that's built on faith
and trust, goes on and on
and on.

By Ranza Devereaux

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What's Happening at Epworth in October?

1. September 30th: The last Thursday of the month, Admin. Board Minutes, Agenda and reports turned in to Rev. King Harris for distribution on October 3rd, 2010.
2. October 2nd: Epworth's Committee Meetings. Start times maybe different for each committee. Please check with your Committee Chair.
3. October 3rd: First Sunday Communion and Pot-Luck.
4. October 10th, 17th, 24th and 31st: United Methodist Youth meeting at 4 p.m.
5. October 3rd, 10th, 17th, 24th & 31st: United Methodist Women's Bible Study. Starts at 9:30 a.m.
6. October 5th, 12th, 19th and 26th: The Fatherhood Initiative & Motherhood Initiative meetings from 6-9 p.m.
7. October 6th, 13th, 20th and 27th: Adult Wednesday night Bible study and meal at 6 p.m.
8. October 9th: Admin. Board Meeting at 9 a.m.
9. October 11th: Columbus Day.
10. October 31st: Youth Sunday.

11. October 31st: Activities for Children by the United Methodist Women.

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Some Things To Remember

- Wallace Yvonne Tollette has a catalog, Internet and souvenirs business. "Shel-Vonne TS Gifts & Souvenirs" a variety of unique, quality, gifts and souvenirs primarily made in Colorado. Please call 303-830-1691 for more information or to place an order. Wallace also conducts walking tours of historic Five Points.
- The Kenyan Worship services will be held every Sunday in September. Their services are in English, so feel free to join them. Services start at 2:30 p.m. and ends at 4 p.m. Please call Epworth's Office at 303-296-6287 for more information.
- Epworth UMC & Family-To-Family Office Hours:
Mon. – Thurs. – 9 a.m. – 5 p.m.
• Friday – Noon – 5 p.m.
Office ph. # 303-296-6287 Office Fax

303-296-7475
 E-Mail address:
www.epworthumcdenver.org

- **Every (Sunday) In October** Please bring your Non-Perishable foods to the Saturday, 6 p.m. Spanish speaking worship service. On Sundays, bring your items to the 11 a.m. Worship Service for Epworth's Food Bank. All Food collected will provide more food to those who need it and eliminate the need for Chris Davis to close the Food Bank early.

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Smile

The light turned yellow, just in front of him. He did the right thing, stopping at the crosswalk, even though he could have beaten the red light by accelerating through the intersection.

The tailgating woman was furious and honked her horn, screaming in frustration, as she missed her chance to get through the intersection, dropping her cell phone and makeup.

As she was still in mid-rant.

she heard a tap on her window and looked up into the face of a very serious police officer. The officer ordered her to exit her car with her hands up. He took her to the police station where she was searched, fingerprinted, photographed, and placed in a holding cell.

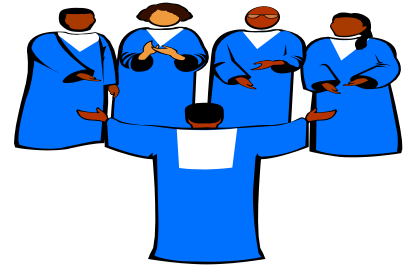
After a couple of hours, a policeman approached the cell and opened the door. She was escorted back to the booking desk where the arresting officer was waiting with her personal effects.

He said, "I apologize for this mistake. You see, I pulled up behind your car while you were blowing your horn, flipping off the guy in front of you and cussing a blue streak at him. I noticed the "What Would Jesus Do" bumper sticker, the "Choose Life" license plate holder, the "Follow Me to Sunday-School" bumper sticker, and the chrome-plated Christian fish emblem on the trunk, so naturally ...I assumed you had stolen the car."

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Counseling

- Rev. King H. Harris
 - Assistant Pastor, Jeff Kanost
 - Assistant Pastor, MarvManuel Jimenez
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Epworth's Music Ministers

- Joy Harris (Director)
- George Nelson
- Joshua Wilson
- Robert Martinez
- Jackie Perkins

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Refreshing The Soul Collection

Hello My Friend,
 Since 1996 God has inspired me to write the "Refreshing the Soul" Collection. This article comes to you like a long drink of water on the road side of life, written and designed to inspire, encourage and uplift you on your journey. God is truly amazing, the main source of my life

and it is my heart felt desire to share with you what His word has given me through a reflection of life that inspires the soul.

My prayer is that you will be blessed with all of the love, joy and peace that are found in a personal relationship with Jesus Christ. For those of you who are not sure about a relationship with Jesus Christ may these monthly articles inspire and encourage you to seek Him. If this email does not load correctly, you can access the article from the website at www.refreshingthesoul.com.

Until next time.....

In Him,
Linda Rose

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"Why Are You Blessed?"

The question is: "Why are you blessed?" The answer is: "Because I have Jesus." Why is this knowledge so important to me? Because I know that no matter what my physical circumstances are in this life, I will be able to live a blessed and abundant life eternally through Him.

So many believers equate blessings with "things." How much God loves me and how much He blesses me are usually equated with how I dress, where I live, how much money I have, or what I drive. But the truth of the matter is that God's love for and blessings on us are not measured in what we can see, but what we cannot see.

No matter what our physical circumstances may be, when we give our lives to Christ, there are fruits born in us that can withstand any and every situation we are faced with; and no matter what our life encounters-such as losing a job, foreclosure on a house, repossession of a car, failing health, or even losing a life-we can face it because of the inward change of our hearts brought about by Jesus Christ. We have Jesus, and this knowledge allows us to face whatever we must face without wavering.

What are these fruits of the Spirit that sustains us with confidence? Galatians 5:22 says they are "love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self control." None of these qualities are visible to the eye, yet they are seen through the heart. As you look at the fruits listed above, none of them are associated with money or any other physical thing; but they are associated with the transformation found in the heart through a relationship with Jesus Christ.

We must begin to see God working daily through our lives and our circumstances regardless of what can be

seen. Down through the ages, from generations past to generations present, many people have been and are testimonies of God's blessings no matter what they have faced or are facing. I have heard countless testimonies of how physical diseases have left people in a constant state of pain or unable to move from their beds, tragic conditions where people have lost all personal possessions, and even experienced the lost of a loved one.

Yet these people have a joy in their hearts that cannot be explained, and they live out their lives knowing that God is with them. They are able to walk on top of the waters of their physical circumstances because they "trust God and not lean to their own understanding" (Proverbs 3:5). They are convinced "that God will supply all of their needs according to His riches in glory in Christ Jesus" (Philippians 4:19). They are convinced that He is with them all the time, for Psalm 139:7 says: "Where can I go from your Spirit? Where can I flee from your presence?" Through experience, they know, without a shadow of a doubt, that "He will never leave you or forsake you" (Hebrews 13:5).

I am blessed because I have Jesus. It is not based on any physical possession, talent, skill, income, or social status. It is simply because I have Jesus. I have Jesus now and for eternity; that knowledge enables me to face whatever I must face-good or bad. For Paul writes: "And we know that in all things God works for the good of those who love

Him, and who have been called according to his purpose" (Romans 8:28). I know that nothing can separate us from His love. I am more than a conqueror through Him who loved me, and I am convinced that "neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, nor height nor depth, nor any other created thing shall be able to separate me from the love of God which is in Christ Jesus my Lord" (Romans 8:38-39).

Why am I blessed? Because I have Jesus Christ-my Lord!
The question is: "*Do you?*"

*"I am just an Ordinary
Woman, On an
Extraordinary Journey,
With an Awesome God"*
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