

# Epworth United Methodist Church Newsletter

3401 High Street, Denver, CO 80205 Phone 303-296-6287

Rev. King H. Harris – Senior Pastor

[On the web at:www.epworthumcdenver.org](http://www.epworthumcdenver.org)

Date: May 02, 2010

NO.045

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Birthstone: Emerald

Flower: Lily of the Valley

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## Epworth United Methodist Church Mission Statement

To be a support at the beginning – **Birth.**

To be a support during the good times and the hard times.

To be a support at the end – **Death.**

To be a place of and for faith to bloom.

**EPWORTH...** A place for life:

To go from this place to love and serve the Lord,  
Through service to mankind.

Amen.

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**This is the year for Epworth to experience the**

**miracle of God's power "No Wind and no Rain; Yet the Valley will be filled with Water**

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### Remembering Theodore "Ted" Barros

Members and friends of Epworth UMC wish to extend our sincere sympathy to Joanie Barros and the extended family of Theodore "Ted" Barros, 71, who passed away on April 25, 2010. Ted was a long time member of Epworth and an active member of the Staff-Parish Relations Committee. Many of you may still remember Ted with great fondness, showing up on first

Sundays, to greet and visit with everyone. This monthly meeting continued until his health didn't allow him to make the drive from Pueblo, Colorado anymore. All who knew him will miss him.

Ted's Rosary will be this Friday the 30<sup>th</sup> at 7 pm and the Mass will be at 9 am Saturday, May 1<sup>st</sup> – both will be held at the Cathedral of the Sacred Heart Catholic Church which is at 11<sup>th</sup> St. and Grand (414 West 11<sup>th</sup>). The full announcement will come out in Wednesday paper in Pueblo as well as in Denver. There will also be a Memorial Service in Denver at Epworth United Methodist Church on May 8<sup>th</sup> at 11 am.

Joanie thanks all of you for your prayers and thoughts. Teddy loved you all as I do too and I know he is now at peace walking with the Lord and breathing freely.

Expressions of care may be sent to Mrs. Joanie Barros, 919 Lake Ave., Pueblo, CO 81004.

### **When I Must Leave**

When I must leave you for a while,  
Please do not grieve and shed wild tears and hug your sorrow to you through the years.  
But start out bravely with a gallant smile:

and for my sake and in my name Live on and do all things the same.  
Feed not your loneliness on empty days,  
But fill each waking hour in useful ways.  
Reach out your hand in comfort and hold me dear,  
And I in turn will comfort you and hold you near,  
and never, never be afraid to die, for I am waiting for you in the sky!

By author unknown  
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### **Musing From the Pastor**

It is clear to me that we are receiving the blessing of God. We have been able to grow here at Epworth when many churches are in decline. We have reached out to many who are un-churched and had it not been for Epworth, may not have been connected to a church. We have reached out to people within the Spanish speaking community. You are a church that is alive, yet there is more to be done.

Just as God said to the church at Thyatira you have done well but! "But" means that there is much more to do. It is my feeling that we have some more ditches to dig so God can fill them with the water. I remind you that the time is coming when another will lead this

congregation. It is my fondest desire that you will be ready for that day. The day that I will be called emeritus, that is what God had done here through me will be recognized, but more will be happening then ever before.

I trust that you remember that we have committed to growing this church to a congregation of (500) five hundred members. That will require more from each of us. This commitment is one for each of us to embrace. It is one that will require each of us to work to make it a reality. Each of us should determine what can I do, for the good of the order, that is for the good of the church; what is it that I can do, that will cause someone to say this is the type of church that I am searching for.

We are in this time of discernment, a time of self examination to do what change is necessary in my life; that I might cause someone to be called to this place. For some of us we must learn to be more loving by holding our tongue. My father had a saying "everything that comes between your ears do not need to come out of your mouths." The tongue can be very hurtful. Some of us must stop making decisions for others; that is we should invite people to join us even when we do not know they will. You can be fairly sure that will not

come if you do not ask. My brothers and my sisters I invite you to invite someone to come to church with you!!!

Remember that we are moving in the spirit of our brother Elisha he heard the Lord tell him that we should dig the ditches if we want to live. Listen again to the words of 2Kings 3:16-18a **16 and he said, "This is what the LORD says: Make this valley full of ditches. 17 For this is what the LORD says: You will see neither wind nor rain, yet this valley will be filled with water, and you, your cattle and your other animals will drink. 18 This is an easy thing in the eyes of the LORD;**

I trust that you will trust the Lord to do what he says he will do. I ask you to do what God has called us to do.

Rev. King H. Harris, Senior Pastor at Epworth UMC  
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Chris Davis would like to thank Elizabeth Ball for her donation of \$50.00 to Epworth UMC Food Bank. Her gift card will help provide food to the ever increasing numbers of people who come to

the Food Bank for help on Tuesdays and Thursdays. Elizabeth, this quiet teenager has faithfully supported the Food Bank on other occasions. Again, Thank you Elizabeth.

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### United Methodist Day at the Rockies

Plan now to share the fun of a Sunday afternoon at beautiful Coors Field in downtown Denver with Methodist friends. Here are the details on the closer of the 2010 Rocky Mountain Annual Conference meeting in Denver June 17-20:

**WHAT:** United Methodist Day at the Rockies:

**WHEN:** Father's Day, June 20, 1:10 p.m.

**WHO:** 500 RMCUMC lay and clergy delegates and members of all conference UM congregations

**COST:** \$15/ticket  
[More information is now available:](#)

The seats are in the infield upper deck and are shaded

Last day to purchase on line is June 10!

[Visit this web site to purchase your tickets.](#)

Use Special Offer Code: UMC

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### UMCOR Haiti Update

As of April 16, 2010 UMCOR continues to receive gifts from churches, individuals and organizations to support the people in Haiti and more than \$19.8 million has been received for UMCOR Haiti Relief. The people of the Rocky Mountain Conference have sent 34,843 kits to the UMCOR West depot. Director and RMC clergy Brian Diggs says we're nearing 100,000 kits for the Jurisdiction!

Additionally, \$569,920.43 has been donated from RMC. What is reported either on Western Jurisdiction web or GBGM web is a WJ total of \$2,208,164.79

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### Spanish Speaking Worship Services

Epworth UMC has scheduled its Spanish speaking worship service on Saturday evenings starting at 6 p.m. Make plans to come out and join Rev. King Harris, Pastor Jeff Kanest and

our Spanish speaking members every Saturday.  
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## Spanish Classes on Sunday

Epworth offers Spanish Classes every 2<sup>nd</sup> and 4<sup>th</sup> Sunday from 3-4 p.m. The total cost for each class period is \$5.00 (which will cover your material costs, and a light meal). If you don't have the money, don't be concerned!

Registration, orientation, and distribution of materials will begin at 2 p.m. in the Fellowship Hall. Victoria (Vicky) Alvarado will be looking for you. Bring along a friend.  
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## Rocky Mountain Annual Conference

Annual Conference 2010 will begin at 1 p.m. Thursday, June 17<sup>th</sup> and run through noon on Sunday, June 20<sup>th</sup>. Ordination will be the last action of the Conference on Sunday.

This year's emphasis will be on Leadership Development. Adam Hamilton will be the primary presenter and will provide a "Leading Beyond the Walls" presentation in three

parts on Saturday, June 19<sup>th</sup>.

All members will receive a postcard with more information when registration booklets and other information are available on the website.

The location, this year will be the Marriott Denver Tech Center, 4900 South Syracuse, Denver, Colorado.

A link to the AC 2010 Page:  
<http://rmcumc.org/rmc/annualconference/519-annual-conference-2010.html>



## Around Town and Epworth.....

Summer is approaching and with it comes many outdoor festivities among which are the Five Points Jazz festival happening May 22 along the Welton Street Corridor which has since been renamed the Five Points Business District. There will be not only many superb jazz artists, but also many vendors including some of Denver's and

surrounding counties fine artists and a gaggle of vendors. Come out and join the fun and it's all free. Time is 1p.m. until 8p.m.

On the heels of that will be the Colorado (formerly Denver) Black Arts Festival, July 9-11th. If you would like more information, you may call 720 339-2956.

However, what trumps both of those is the Epworth UMC history update. I'm working diligently to get it completed by the end of summer 2010. It would be so helpful if you would complete the short questionnaire and return it as soon as possible. Of course the truly biggie or boondoggle, more appropriately, is the Vista software. Lord, or somebody, help! I would not recommend Vista to my worst enemy--on second thought--maybe. Just kidding. Anyway, I spend an inordinate amount of time just trying to get the computer to cooperate. Quick story: I took it to the Geek Squad first. They said they tweaked the something, something, followed by "That'll be \$200, please. Didn't work. Then a friend recommended someone she knows and he is very knowledgeable and good at what he does. hv the

way and I would and do, highly recommend him; however, the computer still has issues. I was typing a simple e-mail and in the middle of it, the computer went blank. Gone, without a trace! Before I begin working on the history, I have to first pray for the computer. I say, "Lord are you testing me?"

On another note, and this is uplifting! My nephew, Kevin Quinn Marchman, is now a senior at the Denver School of the Arts and he has been checking out potential colleges. He has been accepted at all four of the following: Howard University, Morehouse College, Seattle University, and Western Washington University. Is he bad, or what? Of course I'm a bit prejudiced, no modesty there.

Until next time, keep the faith.

**Wallace Yvonne Tollette**  
303 830-1691

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## Special Music for 2010 Annual Conference Worship Services

If you or your church has

an outstanding musical number that you would like to be considered as a gift of music for one of our four worship services during Annual Conference, please send an email to Trudy Robinson [revtrudy@qwestoffice.net](mailto:revtrudy@qwestoffice.net) to include:

- The type of music offering (instrumental, liturgical dance, children's choir, bells, etc.)
- The style of music (contemporary, traditional, upbeat, reflective)
- The title and composer of the piece
- The lyrics as applicable

Our theme is harvest, using the scripture Luke 10:1-11. Deadline for consideration is April 29th.

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## Who's Ushering In May for the 11a.m.

### Service?

- May 2<sup>nd</sup>:  
Sis. Myrtle Davis  
Sis. Rudy Robinson.
- May 9<sup>th</sup>:  
Brother Clarence Williams  
Sis. Vera Castille

- May 16<sup>th</sup>:  
Sis. Grace Stiles  
Sis. Kimberly Smith
- May 23<sup>rd</sup>:  
Sis. Myrtle Davis  
Sis. Rudy Robinson
- May 30<sup>th</sup>: (Youth Sun.)  
Youth will usher but will be assisted by Brother Clarence Williams  
Sis. Vera Castille

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## May Acolyte Schedule

*Note: Sis. Myrtle Davis will need your help with names and who is available to serve in this position.*

- May 2<sup>nd</sup>:  
Melissa Wilson & Connine Sauls
- May 9<sup>th</sup>:  
Joshua Wilson & Kitana Aragon
- May 16<sup>th</sup>:  
Arlene Hill & Cheyenne Sharp.
- May 23<sup>rd</sup>:  
Melissa Wilson & Connine Sauls
- May 30<sup>th</sup>: Melissa Wilson & Connine Sauls

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## Epworth's Birthdays for May 2010:

### Congratulations to:

1. Patsy Trimble-Moore – 05/02
2. Rodney Moore – 05/12
3. David Williams – 05/12
4. James Goss – 05/13
5. Eugene Vialpando – 05/16
6. Anthony Love – 05/15
7. LaSondra Rollins – 05/17
8. Esequiei Chavez – 05/20
9. Manuel Davis – 05/20
10. Vincent Robinson Jr. – 05/26
11. Juanita Davenport-Brown – 05/27
12. Carolyn Lampkin – 05/28
13. Ernestine Harris – 05/30
14. Vera Castille – 05/30
15. Ruderial Robinson – 04/01
16. Adria Carr – 04/05

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- God promises a safe landing, not a calm passage.
- Forbidden fruits create many jams.



## Epworth's Calendar

- Morning Worship Services. Rev. King Harris will be conducting Morning Worship services M – Sun. starting at 6 a.m. in the Sanctuary.
- Adult, Youth & Children Sunday school classes. All classes start at 9:45 a.m.
- Adult Bible Study. Every Wednesday evening a meal is served starting at 5:45 p.m. in the Fellowship Hall. Bible study starts at 6:30 p.m. All activities end at 7:30 p.m. Rev. King Harris and Pastor Jeff Kanost heads this class.
- Epworth's Mens Choir Rehearsal. They rehearse every Wednesday evening from 7:30-8:30 p.m.
- Epworth's Adult Choir Rehearsal. They rehearse every Friday evening from 6:30-8 p.m.
- Epworth's Children's Choir / Youth Rehearsal and Fellowship. They rehearse every Friday evening from 6:30 – 8 p.m.
- Epworth's UMW United Methodist Women the Hispanic Circle meet every Saturday evening in the Fellowship Hall at 5:00 pm on the 2<sup>nd</sup> and 4<sup>th</sup> Saturday of the month. For more information, please call Sis Vicky

Alvarado at 720-276- 9870

- Epworth's UMYF. (United Methodist Youth Fellowship) meet on Sundays at 4 p.m. For more information, please call Pastor Jeff Kanost at 720-364-8417.
- The Fatherhood Initiative. A group of men meet every Tuesday evening to discuss fatherhood and how to become better fathers. An evening meal will be provided. Activities start at 6:30 p.m. and end at 8 p.m. Please call Thom Foster at 303-296-6287 for more information.

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He who angers you, controls you!



## "Hear Our Prayers Oh Lord"

- Health – Zina Phillips, Timothy Williams, Ted White, Sherlyn Thomas, Lauren Watson, Charles Jackson, Monica Jolivette, all the Youth, Theo Barrows, Chris Davis, Jere' Procopio and Opalanga Pugh  
([www.caringbridge.org](http://www.caringbridge.org))

then go to visit a website type in Opalanga), Albert Green

- Comfort & Care – Valley Vista UMC
- Encouragement – Jose Orlando and Yolanda Rivera Argentina (Missionaries).

Protection – For our Armed Forces serving here and in distant lands.

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## The Poet's Corner

### The Poem

I knelt to pray but not for long,  
 I had too much to do.  
 I had to hurry and get to work  
 for bills would soon be due.  
 So I knelt and said a hurried  
 prayer, and jumped up off my  
 knees... My Christian duty was  
 now done. My soul could rest  
 at ease. All day long I had no  
 time to spread a word of cheer.  
 No time to speak of Christ to  
 friends, they'd laugh at me I'd  
 fear. No time, no time, too  
 much to do, that was my  
 constant cry. No time to give  
 to souls in need  
**But at last the time, the  
 time to die.**  
**I went before the Lord, I  
 came and stood with  
 downcast eyes. For in his  
 hands God held a book, It  
 was the book of life.**  
**God looked into his book  
 and said "Your name I  
 cannot find. I once was**

**going to write it down, but never found the time".**

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If you look at what you do not have in life, **you don't have anything.**

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**If you look at what you have in life, you have everything.**

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**If God brings you to it, He will bring you through it.**

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Happy moments, praise God.  
 Difficult moments, seek God.  
 Quiet moments, worship God.  
 Painful moments, trust God.  
 Every moment, thank God.

Thomas Kinkade

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### Best Poem In The World

I was shocked, confused,  
 bewildered as I entered  
 Heaven's door, not by the  
 beauty of it all, nor the lights or  
 its décor.

But it was the folks in Heaven  
 who made me sputter and  
 gasp...the thieves, the liars, the  
 sinners, the alcoholics and the  
 trash.

There stood the kid from  
 seventh grade who swiped my  
 lunch money twice. Next to  
 him was my old neighbor who  
 never said anything nice.  
 Herb, who I always thought  
 was rotting away in hell, was  
 sitting pretty on cloud nine,  
 looking incredibly well.

I nudged Jesus, "What's the  
 deal? I would love to hear your  
 take. How'd all these sinners

get up here? God must've made  
 a mistake.

"And why is everyone so quiet,  
 so somber – give me a clue."  
 "Hush, child, "He said, "they're  
 all in shock, No one thought  
 they'd be seeing you."

JUDGE NOT!!

Remember ...Just going to  
 church doesn't make you a  
 Christian any more than  
 standing in your garage makes  
 you a car.

Every saint has a PAST...  
 Every sinner has a FUTURE!  
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## What's Happening at Epworth in May?

1. **April 29<sup>th</sup>:** 5<sup>th</sup> Thursday of the month, Admin. Board Minutes, Agenda and reports turned in to Rev. King Harris for distribution on May 2, 2010.
2. **May 1<sup>st</sup>:** Epworth's Committee Meetings. Start times maybe different for each committee. Please check with your committee chair.
3. **May 2<sup>nd</sup>:** First Sunday Pot-Luck. Bring your favorite dish; enough for your family and a friend!  
**Remember - Admin. Board Reports, Agenda and Minutes will be distributed following the 11 a.m. Worship**

**Service. Turn in your reports on April 29<sup>th</sup> to Rev. King Harris.**

- 4. **May 9<sup>th</sup>**: Mother's Day breakfast served from 7-8:30 a.m.
- 5. **May 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> & 29<sup>th</sup>**: Epworth's Spanish speaking worship services at 6 p.m.
- 6. **May 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> & 30<sup>th</sup>**: United Methodist Youth meeting at 4 p.m.
- 7. **May 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> & 25<sup>th</sup>**: The Fatherhood Initiative meeting at 6 p.m.
- 8. **May 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> & 26<sup>th</sup>**: Adult Wednesday night Bible study and meal at 6 p.m.
- 9. **May 8<sup>th</sup>**: Admin. Board Meeting at 9 a.m.
- 10. **May 9<sup>th</sup> & 23<sup>rd</sup>**: Spanish Class from 3-4 p.m. at Epworth. Total cost is \$5.00 each class period. A small meal will be served. If you don't have the money, don't be concerned.
- 11. **May 31<sup>st</sup>**: Memorial Day (Observed).

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## Some Things To Remember

- Wallace Yvonne Tollette has a catalog, Internet and souvenirs business. "Shel-Vonne TS Gifts & Souvenirs" a variety of unique, quality, gifts and souvenirs primarily made in Colorado. Please call 303-830-1691 for more information or to place an order. Wallace also

conducts walking tours of historic Five Points.

- The Kenyan Worship services will be held every Sunday in April. Their services are in English, so feel free to join them. Services start at 2:30 p.m. and ends at 4 p.m. Please call Epworth's Office at 303-296-6287 for more information.
- **Epworth UMC & Family-To-Family Office Hours:**  
**Mon. – Thurs.** – 9 a.m. – 5 p.m.  
**Friday** – Noon – 5 p.m.  
Office ph. # 303-296-6287      Office Fax # 303-296-7475  
E-Mail address: [www.epworthumcdenver.org](http://www.epworthumcdenver.org)
- **Every (Sunday) In May**  
Please bring your Non-Perishable foods to the Saturday, 6 p.m. Spanish speaking worship service. On Sundays, bring your items to the 11 a.m. Worship Service for Epworth's Food Bank. All Food collected will provide more food to those who need it and eliminate the need for Chris Davis to close the Food Bank early. Chris also needs volunteers on Tuesdays and Thursdays to prepare food for distribution to clinics.

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## Epworth's Pastors Available for

## Counseling

- Rev. King H. Harris
- Assistant Pastor, Jeff Kanost
- Assistant Pastor, Marvin Lazo
- Assistant Pastor, Manuel Jimenez

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## Epworth's Music Ministers

- Connie Sauls-Wilkins (Director)
- George Nelson
- Joshua Wilson
- Robert Martinez
- Jackie Perkins
- Steven Wilkins
- Michael Jones
- Joy Harris

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## Refreshing the Soul

Collection

## **Hello My Friend,**

Since 1996 God has inspired me to write the "Refreshing the Soul" Collection. This article comes to you like a long drink of water on the road side of life, written and designed to inspire, encourage and uplift you on your journey. God is truly amazing, the main source of my life and it is my heart felt desire to share with you what His

word has given me through a reflection of life that inspires the soul.

My prayer is that you will be blessed with all of the love, joy and peace that are found in a personal relationship with Jesus Christ. For those of you who are not sure about a relationship with Jesus Christ may these monthly articles inspire and encourage you to seek Him. If this email does not load correctly, you can access the article from the website at [www.refreshingthesoul.com](http://www.refreshingthesoul.com).

Until next time....

In Him,  
Linda Rose

## "In Gratitude to My Creator"

Today, as I look outside my window, I notice the beauty of the sky. It is blue, with a few white pillow-like clouds here and there. From my vantage point, I also notice the mountains, trees, and green grass.

Wow! How perfect God has made the earth. It's springtime, and everything looks fresh and new. As I step outside my door, I hear the birds singing; and, yes, the wind's gentle breeze sweeps by my

face as if to kiss my cheeks ever so softly. The trees bow down gracefully in praise, and their branches seem to invite me into their private, but joyous chorus of gratitude for their Creator.

At this moment, my mind is transported to a place where my heart is full. And my lips sing praises: *praises* for what God has done for me; *praises* for His Son Jesus, who died so that I may live with Him eternally; *praises* for things being as well as they are; *praises* for my health, children, husband, mother, father, grandparents, sisters, brothers, nieces, nephews, aunts, uncles, cousins, in-laws, friends, acquaintances, and - yes, even - my enemies. I start to *remember* all of the low moments in my life when Jesus was with me and comforted me. I *remember* how many doors, big and small, that only God could have opened and closed. I *remember*, in times of sorrow, how sweetly His words would minister to my soul. And, in the midnight hour, when no one else could help and fear overtook my soul, how God told me in Isaiah 51:12, "**I, even I, am He who comforts you. Who are you that you should be afraid of a**

**man who will die, and the son of a man who will be made like grass?"**

When I think of how God *answered* prayers that were prayed yesterday and today, and will answer the prayers of tomorrow, I thank Him. He *knows* me so well (Psalm 139:1-6), and He *knows* how to apply tenderness and instruction when necessary. I can't think of a better time, as I stand here, to thank God. No praise from my mouth or song from my heart could begin to adequately thank Him for what He has done for me. This "Refreshing the Soul" article is my personal **case in point**, that is, simply to tell you that when life's routines become overwhelming, it is **Refreshing** to stop and look at **God's creation**. It will certainly bring you to a place of **worship, gratitude,** and **praise**.

Paul tells us in Philippians 4:8 that when we meditate on the good things, good reports, any thing that is praise worthy, that the "**God of Peace will be with you**". It's like having your own personal *reset* button. You should try it sometime. Why wait?

Why not now? He is  
certainly worthy. Just  
ask ME!

*"I am just an Ordinary  
Woman, On an  
Extraordinary Journey,  
With an Awesome God"  
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